



Filming and photography is not permitted!

Having the right to your own image means that you are able to decide who is able to take a picture of you. In order to avoid misuse, filming and photography is not permitted in Stadtwerke Saarbrücken Bäder GmbH swimming facilities.

Please show consideration to other bathers and follow the instructions issued by the supervisory personnel.

Our teams in the Stadtwerke Saarbrücken Bäder GmbH facilities are on hand to provide you with any guidance and assistance.



ADRESSEN:



Kombibad Altenkessel:

Am Schwimmbad 2
66126 Saarbrücken
Tel. 06898 98 4170



Kombibad Fechingen:

Provinzialstr. 186
66130 Saarbrücken
Tel. 06893 33 39



Freibad Dudweiler:

St. Ingberter Str. 141
66125 Saarbrücken
Tel. 06897 97 23 83



Hallenbad Dudweiler:

St. Avolder Str. 1
66125 Saarbrücken
Tel. 06897 76 23 64



Freibad Schwarzenberg:

Am Schwarzenbergbad
66123 Saarbrücken
Tel. 0681 3 89 97-0



Saarbrücker Bäder



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SOS - GET INVOLVED!

RECOGNISE AND PREVENT DANGERS!

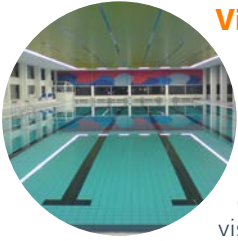


Stadtwerke Saarbrücken



Ein Unternehmen der Landeshauptstadt SAARBRÜCKEN





Vital Bathing rules

Stadtwerke Saarbrücken Bäder GmbH swimming facilities offer excellent opportunities for sporting activities, fun and adventure as well as communication and relaxation. We hope that all of our visitors enjoy a pleasant day in our pools.

However, swimming pools also pose risks. This flyer will assist you in recognising and preventing potential dangers.

Stadtwerke Saarbrücken Bäder GmbH swimming facilities all have house and bathing rules in order to ensure safety, order and sanitation (SOS). These house and bathing rules must be observed by all visitors. Some important rules are listed below:

General supervision obligations

In addition to the water supervision obligation of the operator, the legal obligation in terms of supervision and duty of care, especially for children and young persons under the age of 18, applies without restriction and is the responsibility of the parents / custodians and carers.

Particular sources of danger

■ Pay special attention to the various water depths in the swimming pools. Non-swimmers should not enter water that is deeper than stomach-level as strength and ability is often over-estimated. Air mattresses or other buoyancy aids do not guarantee safety.

■ Never call for help if nobody is truly in danger. Help others if assistance is required.

■ Diving boards may only be used by one person at a time. Prior to each jump, ensure that the point of entry is clear and sufficiently deep.

■ Even strong swimmers can quickly lose their footing in flow currents. Children and non-swimmers must exercise particular caution.

■ Additional safety information must be observed at the entrances to water slides. For your own safety, it is essential that you and your children observe this information.

■ Swimming is extremely dangerous in thunderstorms and you must therefore leave the pool immediately. Observe all announcements issued by the supervising personnel.



Cool down before swimming!

The body quickly becomes warm in hot weather. Jumping into cold water without cooling down beforehand can place an extreme load on the circulation and even lead to a cardiac arrest. Leave the water immediately if you are extremely cold. Protect yourself as well as your children from constant exposure to the sun.

Drink sufficient fluids!

The best drinks to consume are mineral water, juices or tea. Alcohol places a high burden on the circulation!

Do not eat too much!

Entering the water and splashing around for a while or swimming short distances is not a problem on a full stomach. However, do not forget that physical performance is restricted as the body is busy digesting food. Do not enter the water on a full stomach under any circumstances if you suffer from heart or circulation problems. The double load created by the digestive activity and the sporting activity can place a great burden on the circulation. Swimming on an empty stomach is not recommended. Hunger in combination with strenuous activities can trigger a sugar shock. Pay attention to your valuables!

We assume no liability for lost valuables. Therefore, do not leave your personal belongings and valuables unattended. Alternatively, you can use the lockers available at the cash desk.



Recommendations for groups!

■ In order to maintain a better overview, ensure that the children in your care wear identical swimming caps.

■ Each pool has special conditions. Our supervisory personnel are happy to provide you with tips in ensuring you are able to comply with your supervision obligations.

Life-saving parking rules!

Please help in ensuring that everybody's stay in any of the Stadtwerke Saarbrücken Bäder GmbH swimming facilities is safe and stress-free. Time is often a decisive factor when it comes to saving people's lives in the event of a swimming accident, severe injuries or an allergic shock.



We therefore ask that you carefully park your vehicle to ensure that fire brigade, ambulance and police vehicles have unimpeded access. The easier and faster the helpers can arrive at the destination, the more successful they will be.

Only park in the designated areas and do not block any entrances. Please observe and follow the information provided by the supervisory and safety personnel. The access road to the swimming pool may be closed in the event of high visitor numbers. People who park their vehicles incorrectly may be fined or have their vehicle towed.

Our tip to avoid stress! Anybody wishing to avoid the annoying search for a parking space or expensive fines should use public transport or even be particularly sporty and ride their bike to the pool.